



July/August 2006

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Encouraging and Inspiring the Members of the Mid-Michigan Emmaus and Chrysalis Communities to "Go Forth" on Their Fourth Day

Gatherings Key to Fourth-Day Success

Let me introduce myself. I am Kim Warner. This my third year on the Emmaus Board of Directors, and I thought it was about time that I write an article for the newsletter. My area of responsibility is music and gatherings.

I am concerned because there doesn't seem to be a commitment to regular attendance at the regional gatherings. Those of us on the board thought it would be easier for people to attend if they didn't have so far to drive. That's why the idea of regional gatherings emerged.

In any case, we need to put a priority on attending gatherings. Let me give you some reasons why:

- Hebrews 10:25 says to "not forsake the assembling of ourselves together, as the manner of some is, but exhort one another, and so much the

more as you see the day approaching."

- Gatherings are part of everyone's fourth-day experience—it's an essential, not an optional extra.
- Gatherings contribute to your spiritual growth and maturity.
- Gatherings give you a chance to grow in leadership skills.
- Gatherings provide fellowship with other believers.
- Gatherings make you accountable to others.
- Bringing new people to gatherings is a good way to expose them to Emmaus/Chrysalis in a nonthreatening way.

To accomplish this, people in each region are needed as chairpersons who will get a program together, recruit

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Want to Continue 'Burning' for Christ?

They asked each other, "Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?" —Luke 24:32

That is a very familiar Scripture passage for those of us who have attended an Emmaus walk. Is your heart still "burning" by the experience you had and felt when you left your walk on Sunday night?

Being human, we lose the initial warm glow that we all must have experienced on our walks. I know we are all different, but I think it is safe to say that we all had an uplifting experience on our walks. I know that "feelings" aren't what being a Christian is all about, but even John Wesley had an

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Summer 2006 MMC Flights

Midland: First UMC
315 W. Larkin St., Midland, MI

Boy's Chrysalis Flight #17

July 20–23, 2006
Bob Bailey Jr., Lay director
Candlelight: July 22 at 8:00 p.m.
Closing: July 23 at 4:00 p.m.

Girl's Chrysalis Flight #18

August 3–6, 2006
Amy Bailey, Lay director
Candlelight: August 5 at 8:00 p.m.
Closing: August 6 at 4:00 p.m.

Fall 2006 MME Walks

Tawas UMC
20 W. M-55, Tawas City, MI

Men's Walk to Emmaus #39

September 21–24, 2006
Larry Moe, Lay director

Women's Walk to Emmaus #40

September 28–October 1, 2006
Ele Hunt, Lay director

Gatherings and Hoots

Community Gathering, July 22

A community-wide picnic is scheduled at Sanford UMC on July 22. After the picnic, the candlelight for MMC boys flight #17 is just down the road at Midland: First UMC. Why not come and ensure a wonderful turnout for both events!

Gathering Groups, August 4, 7 p.m.

Region 1: Markey Community
Region 2: Au Gres UMC
Region 3: Saginaw: Ames UMC

Community Gathering, Sept. 9

We'll be meeting at Bay Shore Camp near Sebewaing. Details to come.

Need details? Contact Kim Warner, 989-275-8889 or limberkeys88@aol.com.



Praise God for our Clergy Servants

I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that He who began a good work in you will carry it on to the completion until the day of Christ Jesus.

— Phillipians 1:3–6

Five or six months ago, I wrote an article for this newsletter entitled “A Call for Clergy.” I want to take this time to say, “**Praise God!**” Clergy members did step up to this calling.

A lot has happened since that article, and I wanted to share some with you. To refresh your memory, the article called on pastors to help serve on weekends, especially Chrysalis flights. Through some conversations with pastors in our Emmaus/Chrysalis community, they communicated that they were getting burned out, and we needed some “fresh bodies” to come and fill in. Those fresh bodies did step up. Some who have never even served on a Chrysalis weekend came forward and agreed to serve on the winter flight and now the summer flights, which are in the midst of training in preparation for July and August.

I want to take this time to say a huge thank you to all of those pastors who have already served, whether it was on a Chrysalis flight or an

Gatherings, from page 1

people for setup and clean-up and music, and invite clergy to serve communion. At the moment there are three regions—Roscommon, Gladwin, Beaverton; Saginaw, Bay City, Midland; and Au Gres, Hale, Tawas.

As a community, would you rather have one Mid-Michigan gathering for all each month instead of regional gatherings? I need your input. Want to help me (teens included)? My e-mail address is limberkeys88@aol.com.

Just remember—God loves **you** and so do I!

Kim Warner

Emmaus walk. I also want to say thank you to those who will serve in the future, God already has those names chosen too. These weekends could not happen without you in that leadership position. Thank you for listening to God’s calling to further His Kingdom. I know each one of you have blessed and will bless many people



on the weekends you serve whether the people are caterpillars, pilgrims or team members. Each one of you is Christ’s hands as you make His fingerprints on the hearts of those you come in contact with.

I also want to thank the servants on the Chrysalis and Emmaus boards

who help to call on pastors to serve on weekends. I know this is not the easiest job in the world, and I know you get a lot of flak some times when things do not fall in place. You all do a great job whether you are the community spiritual director or a committee member. Your hard work in praying and placing the pastors to serve on flights and walks does not go unnoticed. Keep up the great work.

I encourage the clergy to continue serving on Chrysalis flights and Emmaus walks. Not only are you blessing others, but you may come back being blessed yourself. A pastor, who recently had served on a weekend, shared with me that he came home from the weekend more blessed because of another, non-clergy servant. We all share in the blessings of Christ, no matter what position he has called us to be in.

In Christ’s Service,

Cathy Kelley
Chrysalis Board Member

Summer Blues Getting To You?

Have you ever had the summer blues? Maybe you’ve sat around on a Friday night staring at a white wall... Well I know that I have!

However, I have a great way to cure those boring nights... Chrysalis Hoots!!! Your Chrysalis friends have done many fun and exciting things at hoots. We’ve gone canoeing, bowling, had costume parties and bonfires and, of course, we’ve spent time singing and learning about God. So next time you find yourself lost in space and bored out



of your mind, come to a Chrysalis hoot! And even if you aren’t bored, come anyway! Chrysalis hoots will bring back all of your fun, crazy and emotional memories of your flight.

Plan on coming to the next one on August 19 at Midland: First United Methodist Church from 2–5 p.m.

This hoot is intended to welcome all the new butterflies that will have just taken flight. Come and show them what hoots are all about!

I’ll see you there!

Lacey Schulz
Youth rep, Chrysalis Board

Milestones

Condolences

MaryAnn Donoho, who attended MME walk #34 and sat at the table of Rachel, passed away Saturday, June 17, 2006. MaryAnn served in several capacities at Hale: First UMC and helped out with many youth and missions projects. A memorial service

was held July 7, at Hale: First UMC.

Have Something to Share?

Have a milestone you’d like to share with the MME/C community—birth, marriage, ordination, death? Write it up and send it in! If you have an immediate prayer concern, share it via e-mail at jngdwyer@ejourney.com.

Focus for Summer Chrysalis Flights

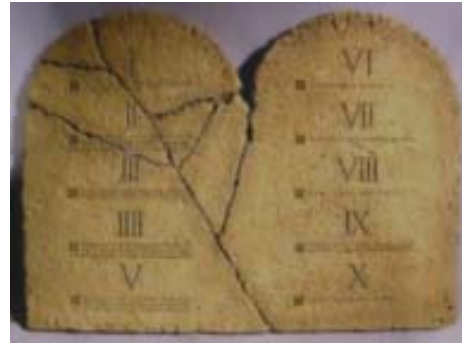
The summer 2006 Chrysalis Flights are right around the corner. The teams are coming together and most training meetings are already past.

As we continue to prepare over the first half of July, the teams will focus on two aspects. The first will be servanthood. The second will continue our theme from the last newsletter. That theme assures us that God is in control. Not only does He go ahead of us, but he fights our battles for us, clearing the way for us to follow.

To continue on this theme (with a twist), if the Lord goes before us and fights our battles for us, what does the Lord require of us? Continuing with Old Testament references, the Lord says, "...be holy because I am holy" (Leviticus 11:45). The Lord requires and deserves our best—after all, He gave His best for us so we need to focus on and remain holy. Deuteronomy 10:12 states, "And now O Israel, what does the Lord your God ask of you but to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul." Can we say it any better, any different, or any plainer than this? I think it speaks for itself.

There are many other references we will use to capture a piece of what the Lord requires, and within the references, the Lord gives promises and blessings for obeying these commands. Please take some time to look up the blessings associated with the following commands. The Lord says, "Fix these words of mine in your

hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the doorframes of your houses and on



your gates..." (Deut. 11:18–25).

Deut. 28:1–14 shares a couple more key points: 1) Do not turn aside from any of the commands I give you today, to the right or to the left,...and if we follow God's commands our enemies 2) will come at you from one direction but flee from you in seven.

We stated in the last newsletter that we are battling for the hearts and souls

of the caterpillars who will be attending these flights. We are doing the Lord's work, preparing a safe environment in which teens can come to see and feel the love that God has for them and to lay their burdens and troubles at the foot of the cross. The devil hates that—he doesn't want a safe atmosphere where truth and love are shared—so he will come at us at some point in some way...but God promises he will flee in seven ways! Praise God!

In Joshua 1:6–9, we are told "Be strong and courageous...Be strong and very courageous... Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful." Finally, in Deut. 7:6–9 we are informed, "For you are a people holy to the Lord your God. The Lord your God has chosen you out of all the peoples on the face of the earth to be his people, his **treasured possession**." That is each and every one of us, we are a chosen people, a royal priesthood, God's treasured possession!

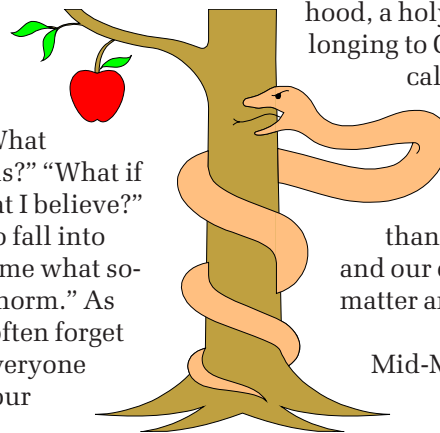
God Loves You and So Do We.

Bob & Amy Bailey
Flight Lay Directors

To What Are We Conforming?

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — his good, pleasing and perfect will... —Romans 12:2

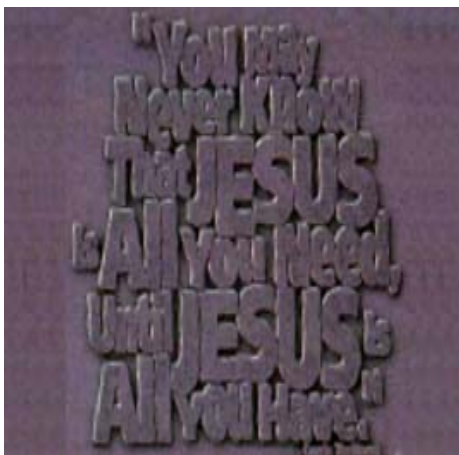
Since I am about to enter a completely new phase of my life (college), there are many things that are constantly running through my head. "What if I don't make friends?" "What if nobody believes what I believe?" It would be so easy to fall into temptation and become what society considers the "norm." As Christians, we may often forget that fitting in with everyone here on Earth is not our



priority. This is not our home, we are here almost as foreigners or aliens.

Fitting in is a good thing, but not if we have to give up our morals and beliefs to do so. As teenagers, we have more pressures than ever before, and the need to be accepted is pounding down on us. But remember, we are a "chosen people, a royal priesthood, a holy nation, a people belonging to God" and we are called to "abstain from sinful desires." The reward for living Godly lives will be much greater than we can even imagine, and our early worries won't matter anymore.

Andrea McFarland
Mid-Michigan Chrysalis #7



Weekend Dynamics Can Be Obvious or Subtle

There is a saying among experienced leaders in the Cursillo movement that could equally be applied to Walk to Emmaus: “The *less* you know about Cursillo, the *more* you want to change it. The *more* you know about Cursillo, the *less* you want to change it.”

Walk to Emmaus is a highly structured program based on the Cursillo method. Each activity has a specific role in reinforcing the message. Most activities are part of a “dynamic”—a process in which the pilgrims are gradually drawn into the flow and message of the weekend.

Everyone recognizes some of the dynamics in the talks. Themes progress from God’s loving action toward His people (grace), through His people’s response to grace (piety, study), to the reflection of God’s love toward others (action, discipleship, going “fourth” to proclaim Christ).

There is also a more subtle layering of the talks. The first talk of each day appeals to the intellect (Priority, Study, Changing our World). The second reveals the life of grace (Prevenient Grace, Sacraments, Sanctifying Grace). The third deals with the human will (Priesthood of all Believers, Christian Action, Body of Christ). The fourth talk struggles with overcoming obstacles (Justifying Grace, Obstacles to Grace, Perseverance). The fifth talk on each day involves dedicating oneself to Christ (Life in Piety, Discipleship, Fourth Day).

Positive Dynamics

But there are many more dynamics designed into Emmaus, and most of them are quite subtle. Here are a few:

Circles—Pilgrims come to the weekend as individuals, in their own singular space or “circle.” Gradually their circle is expanded to include a new-found friend, the table group, the conference room, the community, and finally, the world.

Hearing our name—Pilgrims are called first individually by name, then

called to be part of a table (which also has a name), then called to be part of God’s family (community), then called forth by Jesus Christ.

Singing—Music starts with light, generic, familiar songs, moves through songs of praise and songs about Jesus, and finally focuses on songs of spiritual renewal and dedication.

Joke time—Joke time builds community through laughter. Pilgrims also develop confidence in their ability to speak in front of others.

Talking/Sharing—Sharing begins with a new-found friend, then expands to the table group during discussion, then to the conference room at poster parties, then to the community at closing. Ideally, it continues to expand by sharing in the world during the fourth day. Talking and sharing with larger groups is always affirmed by applause.

Touching—Touching at the send-off is restricted to welcoming handshakes. Handshakes become warmer and more enthusiastic as the weekend progresses, perhaps coupled with a touch on the shoulder. Later, the Christian embrace (hug) is introduced and practiced for the rest of the weekend.

Prayer—At first, prayer is private (silent retreat). Prayer then expands to praying as a group (Prayer to the Holy Spirit) and then praying out loud as a table group (chapel visit). Pilgrims become comfortable leading prayer in their fourth day.

Other dynamics include the use of silence, the giving of agape, and the progression of the spiritual director’s meditations at morning chapel.

Negative Dynamics

“Negative” dynamics are situations and events that interfere with the positive dynamics. They can include:

Secrecy—Giving evasive or dishonest answers to pilgrims or whispering among team members puts trust in jeopardy.

Fatigue—Skipping breaks or get-

ting pilgrims to bed too late makes it hard for them to concentrate. Sleep deprivation is *not* the goal.

Emotionalism—Saying things or adding events to the weekend to provoke a purely emotional response rather than a spiritual response can be counterproductive.

Trying to move too fast—Trying to force pilgrims to respond too quickly puts on the pressure. Everyone must be allowed to move at their own pace. Better to be too slow than too fast.

Lack of humility—Team members failing to have a servant’s heart, trying to dominate discussions or joke time, seeking the spotlight, etc.

Ineffective talks—Talks that don’t follow the outline, are too long, too fast or slow, too complicated, or don’t hold interest because no personal testimony is shared.

Complaints—Team members complaining about meals, accommodations, etc., can result in mixed signals to the pilgrims.

Tricks and pranks—Stealing the bell, etc., can be okay when initiated by pilgrims, but it becomes just an inside joke if only team members do it.

Over-regimentation—If insufficient freedom is given, the weekend can seem manipulative and even be viewed as “brain washing.”

Dogmatic opinions—Being argumentative about fine theological points or issues on which there is not consensus among Christians puts pilgrims on the defensive and can shut down discussion.

Error—Misquoting the Bible or making erroneous statements challenges trust and credibility.

One role of the Emmaus board and weekend leadership is to maintain the positive dynamics designed into the program and help the team understand them. Nothing should get in the way of the positive dynamics, and negative dynamics must be discouraged quickly. Good community and team training are the answers because “the less you know about Emmaus, the more you want to change it. The more you know about Emmaus, the less you want to change it.”

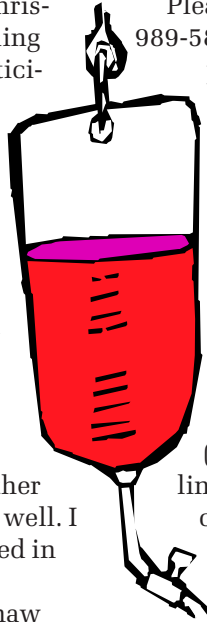
Jim Birch



New Blood: Looking for Fourth-Day Group Members

Remember how you felt after your walk, when you were basking the joy of fellowship with fellow Christians? The way to keep that feeling alive (or to rekindle it) is to participate in a fourth-day (reunion) group or some other kind of accountability group. It will also help to strengthen your walk with Christ. If you're not already participating in a group, consider joining one or starting one of your own. If you are already in a group, encourage new people to join you if possible.

My fourth-day group is in need of new members. Many other groups are seeking members as well. I myself am particularly interested in finding men in the Bridgeport/Frankenmuth/St. Charles/Saginaw area. We are open to changing our



meeting day and time to help accommodate new members.

Please call me, Greg Kelley, at 989-585-3139, 989-928-5400 (cell phone) or e-mail me at gakelley@fmguy.com or gakelley@centurytel.net.

If you are in a different area and looking for a fourth-day group, want to share your fourth-day group information with others, or need other fourth-day group information or suggestions, the person to get in touch with is Linda Lujan, 989-893-5746, (989)714-6102 (cell phone) or lindatexmi@sbcglobal.net. You can also send your information to me and I will pass it on to her.

Thanks & God Bless,
Greg Kelley

Burning for Christ, from page 1

experience on Aldersgate Street in London when his heart felt "strangely warmed."

There are several ways that you can get that "glow" back. Some of them are:

- Joining an Emmaus reunion group.
- Working on a walk.
- Volunteering to be a part of the prayer vigil for the walks.
- Praying for and making agape gifts for upcoming walks.
- Sponsoring someone to attend a walk to help them with their walk with Christ.

These are all good ways, but one of the better ways is to join a reunion group, especially with other men or women that have shared the same experience that you had. It helps to keep you on the path to God's kingdom by helping to keep you accountable to stay on the right track.

Working on a walk is also a good way to give back and to grow in Christ. If you attend the community training sessions, you will have a better chance to be chosen by the next lay director to work, because it shows them and the

team selection committee that you are serious about working.

We all should be willing to "give back" by sponsoring someone. You may get a lot of people telling you 'no,' but if you keep planting seeds, some of them will blossom, and they will take the walk. Choose who to ask wisely, pray about it before you ask, and explain Emmaus to both spouses. And most important, don't even say the word 'secret' or even suggest that there are some things that can't be explained—this can suggest that Emmaus is a cult. And don't forget to finish being a sponsor by trying your best to get your pilgrim into a reunion group when they complete their walk. I don't think there is a better way to build our community!

And of course there are many other ministries that you can do outside of Emmaus to get that "strangely warmed" glow back into your heart.

Pray diligently for Psalm 32:8.

God Loves You and So Do I,

John Dwyer
Community Lay Director

Peanut Allergy Alert!

Please be aware that the church location where the summer set of Chrysalis flights will be held is a "peanut-free church" zone. Midland First United Methodist Church has a member with a severe allergy to peanuts and, more specifically, anything that has the potential to leave a peanut residue behind.



For this reason, the upcoming set of Chrysalis flights needs to be "peanut free." This includes all meals and snacks during the weekend as well as snacks for send off, candlelight, and closing. Please, don't bring peanut M&Ms, peanut butter, peanut butter or no-bake cookies, etc.

Thank you for your care and consideration for this matter.

'Going Fourth' Welcomes Your Contributions

"GOING FOURTH" is your newsletter. We welcome articles about experiences that have helped you grow in piety, study, or action. What you share could inspire someone who is struggling with similar issues. Just be sure your article is related to Emmaus/Chrysalis principles. Unfortunately, we don't have space to advertise unrelated events.

Articles can be submitted as an e-mail attachment (preferred) or by mail on diskette or CD in most common file formats. Short typed or handwritten articles can be sent to P.O. Box 1024, Midland, MI 48641-1024. All articles are subject to editing for grammar, length, or content.

Don't Forget!

INFORMATION FOR "GOING FOURTH" should be submitted by the 15th of the month prior to publication. For example, information and articles for the September/October issue will be due by August 15th.



Lying in the Meadow

The Lord is my Shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. —Psalm 23:1-2

How many of you are like me and have trouble sleeping on an Emmaus walk. I haven't served on a large number of walks, and everyone reacts differently, but I think it is probably safe to say that many people get fired up because of the way they feel the Holy Spirit moving. I know I do.

Of the walks I've served on, I don't think I have ever gotten five hours of sleep in a night, and I probably averaged less than four. A lot of this is the moving of the Holy Spirit. *But not all of it.* A small portion of my sleeplessness results from the sleeping conditions, especially the mattresses. Mid-Michigan Emmaus/Chrysalis has a lot of mattresses, but there have been several walks that have used every last one. And many of the mattresses are thin, lumpy, and just plain worn out.

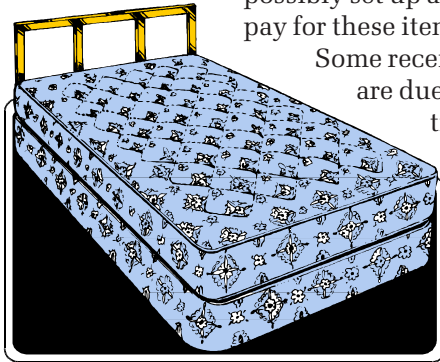
We could use several replacement and additional mattresses, as well as

several roll-a-way beds or cots. I am asking everyone to please keep MME in mind for donations of mattresses (twin size) or funds that can be earmarked to buy mattresses. I was told that MME once had an "adopt-a-mattress" program for just this purpose. Maybe it's time to revive it.

Also, there have been some suggestions for other equipment that may help smooth out the running of our walks, such as walkie-talkies, projectors (overhead and/or digital), dry-erase boards, etc. We could also possibly set up an earmarked fund to pay for these items.

Some recent improvements that are due to fabulous donations (both monetarily and time-wise) by some community members include a portable sound system with mikes, and new/reworked songbooks for the conference room. I

want to applaud these people for their donations, and say "Thank You" on behalf of all of us who will benefit.



If anyone wants to talk about equipment/supply donations please contact me at 989-585-3139, 989-928-5400 (cell) or gakelley@fmguv.com or gakelley@centurytel.net.

Thanks & God Bless,

Greg Kelley
Supplies Chairperson

PDA Found

A Handspring Visor model personal digital assistant (PDA) was recently found among the Emmaus supplies. It is not clear where or when it was lost.

If you think it may belong to you, please let me know, even if you don't want it back. That way I can pass it on to someone else who may be able to use it.

Thanks & God Bless,

Greg Kelley
989-585-3139
gakelley@fmguv.com or
gakelley@centurytel.net

Going Fourth is published six times a year for the Mid-Michigan Emmaus and Chrysalis communities. It is intended to inform, encourage, and inspire members of those communities to live lives of true Christian piety, study, and action. Comments, articles, or story ideas can be directed to the editor, Jim Birch, at 989-835-2856 or james.birch@editech-mi.com. **Going Fourth** accepts articles by e-mail (preferred), diskette, CD, or regular mail at P.O. Box 1024, Midland MI 48641-1024.

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