



March/April 2007

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Encouraging and Inspiring the Members of the Mid-Michigan Emmaus and Chrysalis Communities to "Go Forth" on Their Fourth Day

MMC Flight 19—Another Victory for Christ

"Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. If anyone speaks, he should do it as one speaking the very words of God. If any one serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen." —1 Peter 4:10-11

WHAT A BLESSING to serve as lay director for Chrysalis Flight 19 held on February 8-11, 2007, at Auburn United Methodist Church. We had nine beautiful, thoughtful, and enthusiastic young ladies on the flight. The weekend was filled with blessings after blessings, and thank you to the Chrysalis/Emmaus/Cursillo community for helping make the weekend a success. The 76-hour

prayer vigil had several time slots with multiple people, and we had them from all over. We even had some people from Jamaica praying for us. The snacks and agape gifts were wonderful and we each gained a few pounds. The girls appreciated all the gifts and all the beautiful agape letters. We had community members come at 1:00 p.m. on Thursday to help us set up and come back on Sunday to help us get the mattresses in the trailer. We had some of the Flight 17 and 18 team members come and clean up on Sunday afternoon so that the team from 19 didn't have to stay late. Blessing to you!

The candlelight procession was beautiful, and your welcome at the closing was very touching. The team and butterflies were very blessed by

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Waiting (Not so Patiently!) for Spring

AS I LOOK THROUGH my storm window, the temperature outside is well below the freezing mark, the wind is blowing snow, and my driveway is covered with fresh snow and ice from last night. Some times it feels like winter will never go away. I have the same problem that many of you also have: change does not come as quickly as I would like to see it come.



Today is March 3rd, the time of year when we expect to see signs of spring. We are also in Lent, a time to focus on Jesus Christ's last

days of work on Earth as man/Messiah/God with us. As I think about this brief time in history, I can start to understand that God knew from the beginning what He would have to do so that humans could get past our own thinking to understand who He is and who we are not. When I think about Jesus spending forty days fasting and praying, that in itself is more than I'm sure that I could endure, I also have to realize that He clearly knew what was in the future—Good Friday—the cross at Calvary.

Gatherings and Hoots

A new format and schedule for MME gatherings is under development. Details will be available soon. For information contact Karen Emery (klemery@aol.com or 989-728-6087).

For information about Chrysalis hoots, contact Bethany Juen (BBGal622@yahoo.com) or Janelle Brown (goingbananas0713@yahoo.com).

Spring Emmaus Walks

Saginaw: W. Michigan Ave. UMC

Men's Walk #41

March 15-18, 2007

Ray Karr, Lay Director

Sendoff: March 15@7:00 p.m.

Candlelight: March 17@8:00 p.m.

Closing: March 18@4:30 p.m.

Women's Walk #42

March 22-25, 2007

Karen Emery, Lay Director

Sendoff: March 22@7:00 p.m.

Candlelight: March 24@8:00 p.m.

Closing: March 25@4:30 p.m.

Fall Emmaus Walks

Caro UMC

Men's Walk #43

September 20-23, 2007

Jeff Loomis, Lay Director

Women's Walk #44

September 27-30, 2007

Sally Loveridge, Lay Director



Through the remainder of Lent and Easter I would like each one of us to reflect on our own Walk to Emmaus weekend: Where we were as individuals when the weekend began? Where we were at closing that Sunday

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Candlelight

Everything You Ever Wanted to Know—and More!

GREETINGS from the community training chair! In this article we'll look at what to do at candlelight. Remember yours? For many, candlelight was one of the highlights of the walk—a moving and emotional time. Remember looking at that sea of light, hearing the names of faraway towns, and wondering what moved all those people to come? Then you realized that God did it, and He did it for you!

Candlelight is when the community gives an agape gift. And at the same time we receive an agape gift when we share fellowship and communion. Some of us have been to many candlelights, but for others this spring may be our first. (Check the walk dates in this issue.) So as part of community training, I wanted to review the basics and the “dos and don'ts” of candlelight.

Candlelight is scheduled for 8:00 p.m. on Saturday night of the walk. I say “scheduled” because we need to remember that the walk is on God's time, and the conference room may be

early or late. We will deliver our agape gift of candlelight, but it will be in God's time.

- **Do** arrive at the church prepared to gather at 8:00 p.m.
- **Don't** enter until you see a door with a sign that says “Community Enter Here.”
- **Do** enter quietly, the pilgrims may be close to the gathering area.
- **Don't** wander. That way you won't be surprised by pilgrims and you won't interfere with their surprise.

What to bring, what to wear

- **Do** bring your name tag and a snack or beverage to share.
- **Don't** overdress: casual is fine. Our goal is not to make the pilgrims feel they are different.
- **Do** tuck your cross under your shirt, the pilgrims don't have theirs yet.
- **Do** bring your guitar: if you know the chords Em and D you can play “Jesus Jesus,” (There are more chords than that, but when I was first learning, the music director said that if I just play those two it would be fine, and it was.)

What to do

- **Do** buy or rent a candle when you arrive.
- **Do** add your city to the list that will be read.
- **Do** have a snack, catch up with old friends, or make some new ones.
- **Do** be ready to move when asked. It's an agape gift to respond quickly and obediently to those in charge.
- **Don't** say “we didn't do it like that before.” As a board and as a team we strive to stick to the Emmaus model established by The Upper Room and Emmaus International. Leaders have been trained to follow that model.

During Candlelight

- **Don't** reach out to touch pilgrims or team members. God will have them see who He wishes them to see. Hugging slows the line down, and if one person is being hugged while others

are not, that is not agape.

- **Do** help light the stairs if you are standing near stairs and lend a hand to those going up and down. This is the only time to “reach out and touch someone” during candlelight.
- **Don't** “be hootin' and hollerin'” when your town is read. This agape should not try to “bring attention to yourself,” so wave your candle or give a simple amen please!
- **Do** fill the pews from the front to the back, and empty them from the back to the front. That way spouses and sponsors are the first to enter and the last to leave.
- **Do** fill up the church! If there is room, spread out to fill the church with light. If there is a choir loft, some who are able should go there.

Singing

- **Do** pick up a song sheet, usually in the sanctuary.
- **Do** sing! Remember, when singing “Jesus, Jesus” and moving from one area to the next, it's easy to get half a beat off, so match your singing to those ahead of you, especially when you enter the sanctuary, otherwise it's mixed up for the pilgrims.
- **Do** practice and listen carefully to the directions for singing the last chorus. [Last verse, chorus, last line, “have you seen Jesus, my Lord.....” (pregnant pause) ... wait for the guitar... begin singing “Jesus, Jesus.”]
- **Do** keep singing until everyone exits, and remember to exit from the back, up the center, and out the sides.

After Candlelight

- **Do** give a quick hug to other community members if you like, but in the parking lot out of the church please.
 - **Do** have a safe trip home and come back Sunday for closing.
- I'm sure I forgot some things but remember: candlelight is an agape gift from the community to the pilgrims. We each received that gift on our walk and now we can return it, and that makes it a great gift. Remember also God Loves You and So Do I,

Lisa Kelley

Community Training Chair

Got a Question?

EVER WONDER WHY we do things certain ways? The Walk to Emmaus is “governed” by a model established by The Upper Room and the International Emmaus organization. Several handbooks explain how to do Emmaus walks and the reasons why they are done the way they are.

If you have a question, contact a board member and they can look it up. In answering the question, we may all gain a better understanding of why Walk to Emmaus is such a great tool in our walk with Christ. E-mail your question to Lisa at palletsheep@hotmail.com. Use “Emmaus question” in the subject box, and we'll see if we can answer them in future newsletters.

GLYASDI

Lisa Kelley

Community Training Chair

Serving with a Servant's Heart

“And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teach and admonish one another in all wisdom, and sing psalms and hymns and spiritual songs with thankfulness in your hearts to God. And whatever you do in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.” —Colossians 3:15–17

BY BEING SERVANTS, we are able to share Christ's love, as well as meet new people and welcome people into the Mid-Michigan Community of Chrysalis/Emmaus. I recently served as the board representative for Chrysalis Flight #19. There were members from other communities and new community members serving on this flight. We need to help them feel like they belong just as we would the participants of a weekend. We need to embrace them with God's love and make them feel like they are an integral part of the Mid-Michigan Community. The only way to build up Christ's kingdom on Earth is to reach out to more people in Christ's service. I personally can say that my life is fuller from the experiences and time shared with my “new-found friends.” They were a great asset to this flight and will continue to be.

The purpose of serving on a Chrysalis flight or Emmaus walk is, first and foremost, having the opportunity to serve Christ and then serving the participants of these weekends. I have had the wonderful privilege of serving on both types of weekends and on the Chrysalis board of directors. It saddens me to see other “servants” called to these events, but coming with a different heart. The purpose of this message is not to put people down, but to make them aware that when you are called to serve, it should be taken to God in prayer as to whether or not He wants you to be



serving at that particular time. A few people come on weekends to serve, but do not serve. They interfere with things that were meant to happen or make the serving opportunity of others shadowed. I think we need to be aware of the great blessings that serving has in our own walk with Christ.

Wherever God has called us to serve is a great joy. We may be serving by cleaning bathrooms, making agape gifts, praying, cooking, or giving a talk. No area is more important than any other. Christ came to serve, and He showed His disciples an act of servanthood by getting down on his hands and knees and washing the feet of His disciples. In those days, this was considered a lowly duty, but our Great Savior gave this example to us. Who are we not to live by His example? Serving others is not about ourselves, it is about sharing Christ's love with those around us. It is my hope that we all can serve others as Christ has served us. He gave up His life for us. That is an act of service and love that none of us can ever come close to. Remember to share God's love in all that you do so that others may see Christ.

God loves you and so do I.

Cathy Kelley

MME #28, MMC Board Member

Calling the Emmaus Community

THE SPRING MME WALKS are right around the corner, and soon thereafter team selection will begin for the fall walks. Remember your walk? Acts of love and self-sacrifice from the Body of Christ were overwhelming—the 72-hour prayer vigil, candlelight, agape gifts, letters, and of course the never-ending supply of snacks and drinks. I am calling on “ya-all” to first **pray-pray-pray** for the teams and the pilgrims, then to step up and be the hands and feet of Christ throughout the weekend.

Agape gifts are always needed for the walks. That includes “trinkets,” beverages, snacks, and letters, and, most of all, your prayers. Your presence at candlelight and closing is also a gift of agape. Remember your walk and the things you enjoyed most? You can provide agape gifts individually or as a reunion group.

And here's a thought: Volunteer to work a walk! Information forms are available at the Mid-Michigan Emmaus web site.

Prayerfully consider sponsoring a pilgrim. Remember that someone sponsored you! Consider what you can do to help pass on the love of Christ and be involved. Remember to **pray-pray-pray**. See you at candlelight.

God Loves You and So Do I

Kim Cronkright

MMC Flight 19, from page 1

your prayers, gifts, and presence.

During the three days we heard how Christ was calling us to be part of His mission. We learned to have faith, to accept His love, and to give up those things that keep us from God. We learned that we have to have prayer, study, and action to keep us in balance to serve the Lord. We use the caterpillar, chrysalis, and butterfly to signify this transformation, and at the end of the weekend we were ready to “Fly with Christ”!

Please pray for the next pair of flights to have many caterpillars to

sign up for the weekend. Pray for the sponsors to pray first to God then ask the young men or women to come to a weekend.

If you are looking for ways to stay young and have lots of fun, I would recommend serving on a Chrysalis flight. These young butterflies will be leaders in their church and school and will show Christ to all who are around them. The parents should be beaming with pride and so excited to see Christ in them!! All power and glory to God.

Fly with Christ!

Bev Yorimoto

Chrysalis Joys and Sorrows

When things are going well for you, be glad, and when trouble comes, just remember: God sends both happiness and trouble; you never know what is going to happen next.

—Ecclesiastes 6:14 (Good News)

THE DATES for the winter Chrysalis flights have passed, and we have both joys and sorrows. The girls' flight started with 14 caterpillars identified, took flight with ten caterpillars in attendance, and soared, but with only nine butterflies. We thank God for the caterpillars and for the tremendous work the Holy Spirit did on this flight. We pray that the one caterpillar who withdrew early will follow through on her intent to make another flight in the future and bring one or more friends. See the separate article on the flight.

For the boys' flight, only four caterpillars had registered for the flight by the deadline for deciding whether the flight will go or not. Yes, it was a disappointment to have to cancel the flight. I am taking my disappointment to God in prayer. I will not blame God, and I am trying to not blame myself. I am praying for the guidance of the Holy Spirit to direct me and the rest of

'Going Fourth' Welcomes Your Contributions

GOING FOURTH is your newsletter. We welcome articles about experiences that have helped you grow in piety, study, or action. What you share could inspire someone else who is struggling with similar issues. Just be sure your article is related to Emmaus/Chrysalis principles. Unfortunately, we don't have space to advertise events that are unrelated to Emmaus or Chrysalis.

Articles can be submitted as an e-mail attachment (preferred) or by mail on diskette or CD in most common file formats. Short typed or handwritten articles can be sent to P.O. Box 1024, Midland, MI 48641-1024. All articles are subject to editing for grammar, length, or content.

the Mid-Michigan Chrysalis board to wise decisions and wise actions to best serve Christ in this movement. And we pray for discernment on our actions regarding future flights so that potential caterpillars get the chance to participate in Chrysalis flights and have the spiritual growth that usually results from being on a Chrysalis flight.

We thank God for the victories He won on the girls' flight. We pray to see victories won in the process of team preparation for the boys' flight. We ask for your prayers for the four boys who registered, including that they are able and willing to participate in a flight in the future. We ask for your prayers for the Chrysalis movement. We ask for your ideas. And we ask and pray for your continued support. We pray for your help on future flights by sponsoring caterpillars for those flights. Let us not lose heart, but continue to look forward to learning and growing in our effectiveness as Christ's disciples and ambassadors.

Bruce Pynnönen

Mid-Michigan Chrysalis Lay Director

Waiting for Spring, from page 1

evening at closing? How far have we come on our "fourth day?"

How is your fourth day? Are you meeting with a fourth-day group? Do you have those close Christian brothers or sisters that you are accountable to weekly? How are you serving our Christian community, the church? What are you as an individual doing to fulfill the Great Commission? *Therefore go and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the end of the age.* —Matt.28:19-20

I can get very impatient when things don't move at the pace that I think they should. I get discouraged, quit projects, and don't complete things that I'm supposed to do, because it is not moving at the speed that I think that it should. I quit because it

Containing My Excitement

AS I ANTICIPATE the beginning of Mid-Michigan Emmaus Walk #42, my excitement is hardly containable. I feel like a kid going to Disney World for the first time, and I can hardly wait to see what wonderful blessings the Lord has in store for the team and pilgrims.

I have a huge passion for Mid-Michigan Emmaus, and I am already blessed to have the opportunity to serve in this position. My complete trust is in the Lord's work through all of us, and I also trust that you will be praying for the foiling of any obstacles that may try to sneak in.

My priority in the coming months is to stay as close to Jesus Christ as I possible can, to stay in the Word, and to listen to His voice in all decisions. I pray that He will open my eyes to see others as He sees them, to use my gift of empathy and be open to all He has planned for Mid-Michigan Emmaus Walk #42.

In His Grace,

Karen Emery
Lay Director

Emmaus Walk #42

doesn't seem to be making a difference. When I slow down and look back out my window, I can see the new buds swelling on the maple trees outside, and the water is running in the ditch. The sun came up an hour earlier this morning than it did two months ago, and it set about a hour later last night than it did on Christmas Eve. Change is happening around us all the time. If I would just slow down enough and take time to notice.

By all accounts, we know that all of the apostles except John were martyred, along with an uncountable number of disciples. Most of these men and women died not knowing if their cause would be carried on by others, but knowing by faith, what they believed and Whom they believed in.

We need to persevere, and we will make a difference.

Monte Montei
Community Lay Director



Members of the 2007 Mid-Michigan Emmaus Board

MME Board Reorganizes

AT ITS JANUARY MEETING, newly elected MME board members joined the “veterans” in organizing and accepting responsibilities as officers and chairs for all of our program areas. The members and their responsibilities are listed in the table below. Please keep each one of them in your prayers regularly.

If you have a question, comment, or idea, please don't hesitate to contact a board member by phone or e-mail. They will do their best to get an answer for you or refer you to someone who can. If yours is a question of general interest, maybe it will even end up being answered in the newsletter.

Walk Sites Identified

Sites have been tentatively identified for MME walks through 2008. Our fall 2007 walks will be at Caro UMC in September. Lay directors for those walks will be Jeff Loomis and Sally Loveridge. Team selection will begin shortly after the spring walks are completed.

The spring 2008 walks will be at Markey Community Baptist Church in Roscommon, and the fall 2008 walks will be at Midland: First Baptist Church. Additional details for these walks are still being worked out, and we'll keep you informed as dates are firmed up.

Don't Forget!

INFORMATION FOR “GOING FOURTH” should be submitted by the 15th of the month prior to publication. For example, information and articles for the May/June 2007 issue will be due by April 15th (just like your tax forms).



Class of 2007			
Jim Birch	989-835-2856	james.birch@editech-mi.com	Secretary/historian, Newsletter editor
Kim Jacques	989-295-9206	naturenut80@charter.net	Literature
Linda Lujan	989-893-5746	lindatexmi@sbcglobal.net	Registration, Group reunion
Ed Orzel	989-883-2185	eworzel@airadv.net	Agape
Dennis Warner	989-275-8889	limberkeys88@aol.com	Treasurer
Class of 2008			
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Lisa Kelley	989-585-3353	palletsheep@hotmail.com	Community training
Monte Montei	989-673-6940	montei@centurytel.net	Chair, Community lay director
Les Nicholas	989-673-5158		Site selection/facilities
Matthew Price	989-894-2942	trimeses6@gmail.com	Vice chair, Site selection/facilities
Class of 2009			
Michelle Aultman	989-465-6328	paultman@ejourney.com	Registration, Candlelight/apostolic hour
Bob Bauder	989-835-4961	bobbauder@juno.com	Supplies
Nicholas Bailey	989-673-2043	nkbailey@centurytel.net	Prayer vigil
Kim Cronkright	989-799-2174	kmcrigh@charter.net	Team selection
Erv Letson	989-693-6460	jkealetson@mich1.net	Kitchen/table decorations
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Rev. Pat England	989-728-2781	pengland@centurytel.net	Community spiritual director
John Dwyer	989-426-0481	jngdwyer@ejourney.com	Past community lay director
Cathy Kelley	989-585-3139	cathleenbrewer@hotmail.com	Chrysalis representative
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John Dwyer	989-426-0481	jngdwyer@ejourney.com	Registrar
Wendy Orzel	989-883-2158	eworzel@airadv.net	MME Merchandise

Questions and Answers

Why do we sing "De Colores" on an Emmaus weekend? It doesn't seem to have much spiritual content, and it doesn't really relate to the Walk to Emmaus story in Luke 24.

The Walk to Emmaus program is based on the Roman Catholic Cursillo (pronounced ker-see-yo) method, which was developed on the island of Majorca in Spain in the late 1940s. In fact, Walk to Emmaus was originally known as Upper Room Cursillo.

The story goes that an old school bus transporting pilgrims to a Catholic shrine as part of an early Cursillo broke down, and while awaiting repairs, passengers began singing this Spanish folk song. Soon they were making up dozens of verses related to their Cursillo experience.

The song became a tradition and is sung in various forms at almost all programs based on Cursillo. The Emmaus "Pilgrim's Guide" has just a few of the verses, in both English and Spanish. The name of the song has even become an all-purpose word by which pilgrims or "cursillistas" (ker-see-yeast-ahs) from a variety of movements within the Cursillo family greet one another. It connects Emmaus not only to other Emmaus communities, but to Cursillo, Tres Dias, Via de Cristo, Kairos, Keryx, and many other movements based on Cursillo.

WINTER BLAST Reviews Basics of Sponsorship

RAYMOND MARSHALL from the Kalamazoo Emmaus Community provided excellent sponsorship training for those who attended the MME Winter Blast workshops on Saturday, January 13. He emphasized that a sponsor commits to a pilgrim for at least a one-year period. The focus is to have pilgrims regularly involved in fourth-day groups. Sponsors should not overcommit themselves. Two pilgrims sponsored per year is ideal and appropriate. Successful sponsorship is not about numbers.

Marshall laid-out the ten steps of sponsorship:

1. Pray over the person you wish to sponsor. A pilgrim should be a believer and can be from any denomination. A pilgrim can be a lay or clergy person who genuinely desires spiritual growth.
2. Invite the person: **do not** beg or pester them. Ask them to commit to the walk.
3. Be open about Emmaus; don't keep secrets or hide information. If a person really wants to know, tell them.
4. Offer to help with whatever may be in the way of your pilgrim attend-

ing the walk.

5. Assist in the registration. Fill out all the forms for the pilgrim.
6. Pray for your pilgrim's openness to God's call before, during, and after the walk.
7. Arrange for 10 to 12 personal agape letters from people significant to your pilgrim (e.g., spouse, children, parents, pastor, relatives, close friends, etc.). Make sure the letters get to the agape room in a timely fashion.
8. Bring your pilgrim to the site on Thursday and pick them up Sunday. A pilgrim should not drive themselves to the walk. Attend sponsor's hour, candlelight, and closing.
9. Help your pilgrim reenter their church.
10. Get them involved in a fourth day group. Help them serve their Emmaus community. Assist them in sponsoring others.

Although weather and other factors held down the attendance this year, take advantage of additional training opportunities that will be offered during 2007.

Going Fourth is published six times a year for the Mid-Michigan Emmaus and Chrysalis communities. It is intended to inform, encourage, and inspire members of those communities to live lives of true Christian piety, study, and action. Comments, articles, or story ideas can be directed to the editor, Jim Birch, at 989-835-2856 or james.birch@editech-mi.com. **Going Fourth** accepts articles by e-mail (preferred), diskette, CD, or regular mail at P.O. Box 1024, Midland MI 48641-1024.



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