



May/June 2007

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Encouraging and Inspiring the Members of the Mid-Michigan Emmaus and Chrysalis Communities to "Go Forth" on Their Fourth Day

Welcome New Pilgrims!

Please welcome these new pilgrims from the spring MME Walks. Consider inviting those who live near you to participate in your reunion group.

Men of MME Walk #41

Bob Andreotti, Saginaw
 Larry Boitel, Caro
 Dave Bonham, Gladwin
 Craig Breier, Oakley
 Steve Bridges, Chesaning
 Jim Deming, Bad Axe
 Mike Desotell, Oscoda
 Dan Durga, Bay City
 Jack Gleason, Elkton
 Ken Hayes, West Branch
 Chuck Hollen, Caro
 Jayson Irish, Midland
 Dave Johnson, Fairgrove
 Cliff Kedzierski, Gladwin
 Dwight Kingsbury, Auburn
 Andrew McMillan, Gladwin
 Jeremy Myers, Beaverton
 David Mulherin, Pinconning
 Darren Sitts, Wheeler
 Chris Troxell, Saginaw
 Jim Wellington, Midland

Women of MME Walk #42

Debbie Boitel, Caro
 Cheryl Bollinger, Howell

Colleen Bonham, Gladwin
 Cheri Breier, Oakley
 Lucile Brettrager, Saginaw
 Missi Burl, Midland
 Roma Campbell, Fairgrove
 Jen Cradit, St. Charles
 Kendra Durga, Bay City
 Carol Enyart, Lakeview
 Char Greig, West Branch
 Dorothy Hall, Gladwin
 Melissa Hayes, West Branch
 Anita Hollen, Caro
 Angie Irish, Midland
 Chris Jacobs, Whittemore
 Patti Johnson, Fairgrove
 Kathy Kedzierski, Gladwin
 Diane Keyes, Chelsea
 Karen Kingsbury, Auburn
 Pat Krug, Bad Axe
 Bev Leitner, Saginaw
 Joan Lockard, Elkton
 Addie Maxwell, Midland
 Mary Pike, Fairgrove
 Judy Poyer, Merrill
 Deb Schell, Sandusky
 Pat Shotwell, Tawas City
 Lisa Smith, Fairgrove
 Donna Sonck, Crosswell
 Robyn Staebler, Gregory
 Sharon Trato, Millington
 Angelae Williams, Sebewaing

From the Community Lay Director

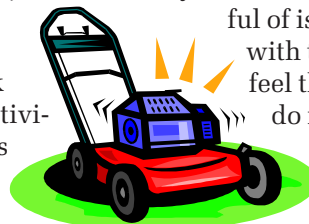
Spring: Time to Tune up Your Spirit

For it is by grace you have been saved through faith—and is not from yourselves, it is the gift of God—not by works, so that no one can boast. For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

—Ephesians 2:8–10

Spring has arrived! I have already mowed my lawn. The days are cer-

tainly longer, which means I can get up and get some small jobs done early in the morning before going to work. And I come home from work with a list of jobs or activities that the long hours of daylight allow me to do, that in the darkness of winter I can very easily put off. What I need to be care-



Gatherings and Hoots

A new format and schedule for 2007 MME gatherings is detailed on page 6. Here are the gatherings for this summer.

- **Saturday, June 2**—Gladwin: First UMC at 6:00 p.m.
- **Saturday, July 7**—Saginaw: Ames UMC, at 4:00 p.m.
- **Saturday, August 11**—Community potluck/picnic at Bay Shore camp near Sebewaing at 4:00 p.m. Camping is available for \$22. Contact Karen Emery for campsite reservations. For more contact Karen Emery (klemery@centurytel.net or 989-728-6087).

For information about Chrysalis hoots, contact Bethany Juen (BBGal622@yahoo.com) or Janelle Brown (goingbananas0713@yahoo.com).

Summer Chrysalis Flights

Markey Community Baptist Church, Roscommon, Michigan

Boy's Flight #20

July 19–22, 2007

Girl's Flight #21

August 2–5, 2007

Fall Emmaus Walks

Caro UMC, Caro, Michigan

Men's Walk #43

September 20–23, 2007

Jeff Loomis, Lay Director

Women's Walk #44

September 27–30, 2007

Sally Loveridge,

Lay Director



ful of is my ability to fill my schedule with the things that I want to do or feel that I have to do. What I need to do is to think about my "priority."

When I took my Emmaus walk several years ago I came away understanding that I

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A Few Words on Sponsorship

If you are reading this article, chances are very good that you once had a sponsor. I am assuming everyone reading this took a Walk to Emmaus or similar weekend. But even though you were sponsored for your weekend, you may not have sponsored someone else yet. Now is a great time to begin praying about that. Notice the word *praying*, not just *thinking*. Before we talk to anyone about the Walk to Emmaus, we need to talk to God. He will direct us to whom we need to sponsor.

With that in mind, here are some essentials. These aren't an option when it comes to good sponsorship; remember the Walk to Emmaus is not for everyone.

- Pray
- Know the reasons for taking a Walk to Emmaus. It is not for conversion, but for the person to grow closer to God and to the Christ they already know and serve.
- The Walk to Emmaus is not intended to solve personal problems. People under undue stress or going through a personal crisis should not attend a walk. Pray for them and help them get pastoral counseling. Save the walk for when the person can devote the three days to the

walk without undue worry or stress.

- When talking to a married person talk to both the husband and the wife. If you're led to talk to one but are not comfortable talking to both, you may need to reconsider or talk to a married Emmaus couple you know to get their assistance.
- No secrets! Tell the potential pilgrim everything they need to know to feel comfortable. If you say there will be a candlelight it will *not* ruin the surprise. They will think Christmas Eve because that is what they are familiar with. Even if they need a complete schedule that's okay: surprises are nice but they are not for everyone. You can not say anything that will ruin it for them.
- Before you talk to someone, plan how you will get them to and from the walk site, how you will get agape letters, and how you will get them involved in a reunion (or fourth-day) group. That is the responsibility of the sponsor. If you are too busy to do those things, wait to sponsor. And if you are working the walk, consider if you can do it all. Some-

times it is possible, sometimes not.

- During the weekend know how you can assist the pilgrim at home. You need to be prepared to care for everything for the pilgrim so they can just enjoy their walk.
- Pray for them before, during, and after the weekend. Be at candlelight and closing.
- Remember, this is a "spiritually revitalizing weekend for Christians who will in turn bring new life and vision to the work of their church, home, workplace and community."

Good sponsorship is important. It undergirds not just the Emmaus movement but ultimately our churches and world. Pray before you talk and don't bug. Remember God knows who He wants on the walk, and if the person is extremely resistant, you can be sure God doesn't want them on the walk, at least not yet. Don't give up: if the person is on your heart, God will get them when He is ready.

God Loves You and So Do I!

Lisa Kelley

Community Training Chair

Got a Question?

EVER WONDER WHY we do things certain ways? The Walk to Emmaus is "governed" by a model established by The Upper Room and the International Emmaus organization. Several handbooks explain how to do Emmaus walks and the reasons why they are done the way they are.

If you have a question, contact a board member, and they can look it up. You can also E-mail your question to Lisa at palletsheep@hotmail.com. Use "Emmaus question" in the subject box, and we'll see if we can answer them in future newsletters. GLYASDI

Lisa Kelley

Community Training Chair

Want to Know More About Teams?

Q. How are Emmaus teams selected?

A. Four to five months before the walk, the Team Selection Committee meets to suggest names for the team. Ideally, the committee consists of the lay directors and board representatives from the most recent walk, the lay directors, board representatives and spiritual directors from the upcoming walks, the community lay director and spiritual director, the committee chair, and often several at-large members. The committee follows a set of guidelines in nominating people to serve at each team position. The general guidelines include:

- A limitation of serving on only one walk per year
- Using the "one-third" rule to ensure balance among experienced, partially experienced and new team members
- "Progressive servanthood" such that team members move gradually into

more demanding roles.

Once this pool of names has been approved by the board, lay directors begin recruiting the conference room team, while certain board members recruit much of the support team.

Q. How can I make it known I'd like to serve on teams?

A. The most important thing you can do is live your fourth day according to the Emmaus method: be active in your church, participate in a reunion group, practice piety, study, and action. Become known in the community by attending gatherings, training sessions, candlelights, and other events. Volunteer for prayer vigils and support weekends with prayer and agape. Completing a Volunteer Information Form, available from the web site or in the information packet you received on Sunday, can also help show your interest.

Board Servants for MMC Board

(Vote for 6, space is available for your vote, your spouse's vote and others who are members of the Mid-Michigan Emmaus/Chrysalis community at this address)

- Hello, my name is Chuck Hunt. I took Superior Land Emmaus Walk #17. I am a member of Oscoda UMC. I have served in many areas on both Emmaus walks and Chrysalis flights. I am a past board member of the Detroit Conference and Mid-Michigan Emmaus Boards. I also have been a member of the Chrysalis board and was on the steering committee that started Mid-Michigan Chrysalis. I am a certified lay speaker and on the Saginaw Bay District Board of United Methodist Men. I love to work and serve youth and would like to be a part of the Chrysalis movement.
- Hi, my name is Sue Thumma, and I attended LVCCM #16. Many of you may know me, for I have been a part of the Via de Cristo, Emmaus/Chrysalis community, where I have served in a number of different capacities. Presently, I am filling a one-year term on the Chrysalis board and feel the Holy Spirit is leading me to serve the community for a new term. Ira and I worship our Lord and Savior at Sanford UMC, where I sing in the choir, am a part of the bell choir, and serve on the worship and staff/pastor parish relations committees. I am also a certified lay speaker. I love the energy of the youth, their insight and eagerness to reach out to their peers, and their willingness to mentor other youth, by sharing their love for Jesus Christ. I believe one way to be an encourager and share their love and mine for Christ is to be a part of the growth of Chrysalis.
- My name is Herb Deming. I attended MME Walk #39. I live in Clifford, Michigan, and attend Lapeer Free Methodist Church, where I teach Sunday school for third and fourth graders and serve on the youth ministries cabinet. I am interested in working with the youth and serving on the Chrysalis board because I feel that the youth are the ones who need it the most and are the most willing to accept the Gospel of Jesus Christ in its purest form.
- My name is Michelle Marita Zietz-Aultman. I attended MME Walk #34 at Markey Community Baptist Church in the spring of 2005 and sat at the Table of Abigail! I live in Coleman, Michigan, but attend Gladwin First UMC. I was raised in Gladwin. I was not sure I wanted to serve on the Chrysalis board until after I served a Chrysalis weekend. It was one of the most wonderful experiences of my life. I wanted to know more about Chrysalis and be involved so that I could encourage my own children to be on a weekend when they are old enough. I feel that Chrysalis is one very good thing for youth in a fallen world: a place where they can learn about and speak about God, grow in their Christian life, and be with others that are just like them! The whole atmosphere is one of love and acceptance. I have made some wonderful friends myself that are youth, and am glad I was given the opportunity to work with them.
- Hello, my name is Missi Burl, and I just attended MME Walk #42 in Saginaw, where I sat at the table of Kindness. I live in Midland and attend Gordonville UMC. I am active there by serving on the directory committee, Safe at Church committee, education team, praise team, and choir. I also help out with the youth group. I would like to serve on the Chrysalis board because I am able to see youth grow in their walk with Christ. It is exciting to see them get to know the Lord.
- Hello, my name is David L. Mulherin and I live in Pinconning, Michigan. I attended MME Walk # 41 in March of this year. I attend Pinconning UMC, where I am the youth pastor. I have spent the past eight years in youth ministry with one goal in mind: to do everything I can to help youth draw closer to Christ. I am always searching for ways to share God's love with the youth and everyone that I come in contact with. I feel that the Chrysalis program is one of the best ways to show God's love.
- Write in candidate name: _____

Youth Representatives for MMC Board

Vote for 3 (1-year terms)

- Guten Tag! My name is Alissa Hooper. I sat at the table of "The Lovely Bubblers" on MMC Flight #18 in August 2006 at Midland First UMC. I attend Messiah Lutheran Church in Bullock Creek. I am 16 years old and a sophomore at Pinconning High School (go Spartans!) I like camping, animals, spending time with friends (esp. Chrysalis ones), and trying to be the best person I can be academically, emotionally, and spiritually. I also work at McDonalds in Pinconning. I am looking forward to working on the Chrysalis board.
- Hello, my name is Autumn Bias. I attended MMC Flight #18 in Midland where I sat at the table of "The Rings of the Lord." I attend St. Charles High School, where I am active in cheerleading. I attend Hopevale Memorial Church in Saginaw. I am excited to serve on the Chrysalis Board and help build the movement.
- Hello, my name is Beth Juen. I attended MMC Flight #14 at Ames UMC in Saginaw. I am a senior who is home-schooled and live in Sanford. I currently serve on the Chrysalis board as a youth representative and have been active in bringing energy and fun to the hoots and post-flight gatherings.
- Write in candidate name: _____

**Send your completed ballot to Cathy Kelley, Chrysalis Nominations Chair,
18401 Grabowski Rd, St. Charles, MI 48655 by June 1, 2007.**

Chrysalis Servants Needed

Chrysalis is in the process of calling servants for their upcoming summer flights. The boy's flight will be July 19–22, 2007, and the girl's flight will be August 2–5, 2007. Both flights will be held at Markey Community Baptist Church in Roscommon.

We try to get everyone that has volunteered to serve on flights involved, but we know we may miss people that are interested. If you are interested in serving on either of these flights, please contact Cathy Kelley at cathleenbrewer@hotmail.com or call 989-585-3139. We would love to have you involved in serving not only the teens participating in this movement, but ultimately Christ.

The teens of today are our future church. What kind of impact can you make on their lives for Christ? God loves you and so do I. Fly with Christ.

Cathy Kelley, MME #28
Team Selection Chair
MM Chrysalis



Looking for Youth Groups

To get more youth involved in Chrysalis, we are looking for churches with active youth groups. The Chrysalis Board has been in deep prayer about the movement and furthering it with success, but we need the help of everyone. We are compiling a list of all churches in the realm of Mid-Michigan Emmaus/Chrysalis. The youth and adults are going to personally

visit the churches and let them know about Chrysalis and all that it has to offer.

If you know of churches in your area that have active youth groups, please let us know. We need to have the name of the church and the name of a contact person. Please send that information to Bruce Pynnonen at pynnonen26@yahoo.com or Sue Thumma at thumma@northwood.edu. Thank you again for your continued support. Fly with Christ!

Let Your Agape Multiply the Efforts of Others

Most Emmaus pilgrims are aware that Walk to Emmaus is based on the Cursillo method. One concept that is part of the Cursillo method is *palanca*. Palanca is a Spanish word meaning “lever,” and in the context of Cursillo it represents prayer and acts of self-sacrifice performed by community members in support of each weekend.

The idea is that the prayer and acts of self-sacrifice offered by the community work as a “lever” to multiply the efforts of the team in “moving” the pilgrims closer to Christ. If you look at many of the letters received from Cursillo communities on our Emmaus and Chrysalis weekends, they almost always say that they have been praying for the weekend. Sometimes the ritual acts of self-sacrifice or penance that are being performed in support of the weekend are even listed.

Over the years, community members or reunion groups began to give small, often hand-made, gifts that were meant to represent the prayer and acts of self-sacrifice that were being offered. However, the gifts were *not* the palanca; they were meant to represent the prayer and self-sacrifice.

As you have probably already figured out, in Emmaus communities, the term *agape* is used instead of *palanca*. However, the concept seems to be misunderstood. For some community members, the gifts no longer represent prayer and self-sacrifice, but the gifts have become the agape! For

example, many people drop off “agape gifts” in the kitchen or agape room before or during a weekend, but too few of them participate in the prayer vigil or spend time in the community prayer chapel.

So I have some suggestions. First, the next time you or your reunion group is preparing agape—while the cookies are baking or being frosted, while assembling or bagging or labeling or cutting or pasting or whatever it takes, while waiting for your order from Oriental Trading to arrive—take time to pray for the weekend, the team and the pilgrims. You can usually get a list from the prayer vigil chairperson. Second, contact the prayer vigil chairperson and sign up for the prayer vigil. Take a time that actually involves some self-sacrifice—like missing your favorite TV show or sporting event! Third, when you are dropping your agape off in the agape room, stop by the community chapel, too. If you can, time it so you can spend half an hour or so praying for a speaker. You will discover that the community prayer chapel is the true heart and soul of each weekend.

If you do these things (and I know some of you already do), your agape gift will be much more than trinkets and tracts or food and snacks—it will truly represent the prayer and self-sacrifice for which it was originally intended.

—Jim Birch
LVCCM #8, Table of Peter

'Going Fourth' Welcomes Your Contributions

GOING FOURTH is your newsletter. We welcome articles about experiences that have helped you grow in piety, study, or action. What you share could inspire someone else who is struggling with similar issues. Just be sure your article is related to Emmaus/Chrysalis principles. Unfortunately, we don't have space to advertise events that are unrelated to Emmaus or Chrysalis.

Articles can be submitted as an e-mail attachment (preferred) or by mail on diskette or CD in most common file formats. Short typed or handwritten articles can be sent to P.O. Box 1024, Midland, MI 48641-1024. All articles are subject to editing for grammar, length, or content.

Keeping Emmaus in the Family or the Family in Emmaus!

I will praise you, O LORD, with all my heart; I will tell of all your wonders.

—Psalm. 9:1 (NIV)

Dear Brothers and Sisters of the Faith who believe in one God, the Creator of all things, in Jesus, who is the Christ, and in the Holy Spirit, who fills us with all knowledge of the past and present and of things to come:

I have been part of the Emmaus family since March 1998, when I took my walk at Ames United Methodist Church in Saginaw. That weekend I experienced God's amazing love for me, and it placed me on the mountaintop. I cherished every agape gift that I found on my pillow, in the dining room, or in the conference room. I loved my table leader, who was also my newfound friend, and all the people who worked so hard that weekend to show me God's love through their constant love and prayers. When I woke up Sunday morning, I could still see the glimpse of heaven in my mind that I saw in the sanctuary the night before.

As I look back, I know God's perfect will was evident in my life, although at that time, it seemed I was only taking "baby steps" in my faith. The message that God gave me that weekend was to "Go home and love your family."

Now, let me fast forward nine years. Since then, I have had the opportunity to sponsor many of my family and friends on Emmaus and Chrysalis weekends. I never cease to be amazed at how God works in the lives of those who love Him. I have had the privilege of serving on Emmaus teams and being able to share my faith with beautiful Christian women. I have been blessed to serve with both of my daughters on Chrysalis weekends.

Each time that I have been able to attend a candlelight, send agape, write a note of encouragement, or pray during a prayer vigil, I have always received a blessing in greater proportion than the one I tried to give.

This year in March, my husband at-

tended MME Walk #41, after years of intercessory prayer. I can say without reservation that this is a man who "God created in His own image." Not only was my husband on this walk, but also our future son-in-law, and our son. It was God's perfect timing that allowed all three of them to be on the same walk, and they are holding each other accountable.

What's truly amazing is the fact that our son had been given up for adoption in 1979. In January of 1999, we met him; and he was introduced to three siblings: two sisters, and a brother, the youngest was the son I carried during my own Emmaus Walk!

In September, our daughter will marry one of those men on Walk #41. It is a tremendous blessing to know

Tune Up, from page 1

don't *have* to go to church every Sunday. I learned that I *get* to go to church on Sunday. In the business of spring and summer I don't have very much trouble doing that. I can usually find a local church to attend even if I'm on vacation. The truth of the matter is that I enjoy walking into a unfamiliar church on a Sunday morning to worship. I like to have the opportunity to meet new people and have never failed to learn something new at the same time.

My priority is taking time to read scripture, have a quiet time to pray, read a book, or spend time with my pastor or other Christian friends. I've been in my fourth-day group for more than 11 years now. I would encourage everyone to focus on your fourth-day group. If you are not involved in one, get in contact with your sponsor. If they haven't gotten you into a group chances are they are not in one either. If the person who sponsored you on your walk is not available ask your pastor or someone else from your church if they would be interested in meeting with you weekly. Our group has been meeting at 6:00 a.m. right from the start. It may seem a little strange to meet so early, but we found

that her future husband has reverence for God, and that Christ will be in the center of their marriage.

I am amazed at how spiritually energized these men have emerged from their weekend. We were able to hold a fourth-day group with six members of our own family. I pray that God will continue to bless the Emmaus and Chrysalis communities with Christians who are ready to do God's will. I want to thank the servant who challenged me on Thursday evening at the beginning of the men's walk with these words: "Don't you trust God?" I realize that no matter where I am in my faith journey, I am only reassured when I learn to put my entire trust in Him.

"God Loves Us and So Do I,"

—Susan Bridges
MME Walk #0

that it causes less trouble with our work schedules and family activities. That time works for us, but pick a time that works for you.

Also I would encourage everyone to make it a point to attend Emmaus gatherings. They are being planned in different locations monthly to try to make them convenient enough so that at least a few of them will be at a location so that you can easily attend.

Even though we don't know the names of the pilgrims that will be taking the walks this fall, I would ask you to start praying for them. Also, remember to pray for yourself, especially if you are asked to work the upcoming walks. Pray that you will be able to give the answer that God tells you to give.

As you are doing those summer jobs, such as mowing the lawn or washing the windows on the house, when you have time to work and think at the same time, remember your own Emmaus walk. Please remember that someone who didn't know you was praying for you, going to team meetings, giving their time up to Jesus Christ (to do good works, which God prepared in advance for us to do.)

Monte Montei

Mid-Michigan Emmaus Board Chair

Gatherings Schedule

The tentative 2007 MME gatherings schedule has been designed to move gatherings around so that three or four gatherings should be close to your location. Activities will be designed to enhance your fourth day. In addition we are experimenting with some different days and times as requested in a recent survey. Although you may be most interested in gatherings close to you, everyone is welcome to attend any gathering.

Activities for children will also be planned for most gatherings, so don't let the expense of childcare hold you back.

- **Saturday, June 2**—Gladwin First UMC at 6:00 p.m.
- **Saturday, July 7**—Ames UMC, Saginaw at 4:00 p.m.
- **Saturday, August 11**—Community potluck/picnic at Bay Shore Camp near Sebawaing at 4:00 p.m. Camping is available for \$22 per campsite. Contact Karen Emery for campsite reservations.
- **Friday, September 7**—Hale First UMC at 7:00 p.m.
- **Saturday, October 6, 2007**—Ames UMC, Saginaw at 4:00 p.m.
- **Saturday, November 3**—Gladwin First UMC at 4:00 p.m.
- **Friday, December 7**—Christmas potluck/celebration at Sanford UMC at 6:00 p.m.

Grouping and Gathering: Essential Parts of the Emmaus Method

The Emmaus Board needs *your* help to get back on track in a couple areas. The first area is reunion (or fourth-day) groups. If you belong to a reunion group that meets regularly, and you have not passed along that information, please do so. Even if you prefer not to accept new members to your group at this time, I would like to put your group on the list. We are going to use this list as one means of communication for Emmaus reminders and information.

The information needed for your group is: Contact person with e-mail address, day, time and place that you meet and whether it is a men's or women's group. Also, sometimes new people need a hand getting a new re-

union group started, and we are all called to minister to our brothers and sisters in Christ. If someone in your area needs a jump start, wouldn't you like to help?

The second area we need your help is gatherings. We are in the process of trying to build up our community gatherings. If you are able and feel called to serve in this area, please let me know. I need people willing to do a short program at a gathering and a person who will line up people to do a simple children's program while the adult program is in process. If God has touched your heart to step forward in either of these areas, please phone or e-mail me soon.

We have a large Emmaus community, and the board is really trying to make it the best possible for all of us. We need each other for support and encouragement. Remember that "Christ is counting on you," possibly to help in one or more of these areas.

God loves you and so do I,

Karen Emery

Reunion Groups and Gatherings Chair
(989)728-6087
klemery@centurytel.net

Don't Forget!

INFORMATION FOR "GOING FOURTH" should be submitted by the 15th of the month prior to publication. For example, information and articles for the July/August 2007 issue will be due by June 15th.



Going Fourth is published six times a year for the Mid-Michigan Emmaus and Chrysalis communities. It is intended to inform, encourage, and inspire members of those communities to live lives of true Christian piety, study, and action. Comments, articles, or story ideas can be directed to the editor, Jim Birch, at 989-835-2856 or james.birch@editech-mi.com. **Going Fourth** accepts articles by e-mail (preferred), diskette, CD, or regular mail at P.O. Box 1024, Midland MI 48641-1024.



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