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Encouraging and inspiring the members of the Mid-Michigan Emmaus and Chrysalis Communities to "Go Fourth" on Their Fourth Day.

Newsletter Update

You have probably noticed by now that this issue of *Going Fourth* is quite late. We want to apologize for the delay. Due to vacancies on the Board of Directors as well as some changes of Board policy and procedures, we were unable to get this out in a timely fashion. We know, for some of you, that this newsletter is the only communication you have with the Emmaus and Chrysalis Communities. We give you our word that we will promise to do a better job in getting this information out in a timely manner. We also hope to get it out in a better fashion as we communicate via e-mail to some of you. Thanks again for understanding.

In Christ's Service, Emmaus Board of Directors

Welcome Pilgrims of Walks #55 & #56

Please extend a warm welcome to these new pilgrims from the recent walks at Frankenmuth UMC. Keep them in your prayers, and if one or more of them live near you, consider inviting them to attend your reunion group or other Emmaus activities.

Men's Walk #55

Tom Decker, Marlette
 Chad Forster, Midland
 Ryan Johnson, Lakeport
 Mel Killinger, Rose City
 Bob Kunna, Melvin
 Mike LeTourneau, Bay City
 David Lockwood, Millington
 Gary Melvin, Allegan
 Harry Morris, West Branch
 Rick Radtke, Yale
 L.A. Rice, Saginaw
 John Sharp, Clifford
 Chuck Sproul, Saginaw

Ben Steinhoff, Melvin
 Shawn Tanner, Millington
 Erin Wardynski, Bay City

Women's Walk #57

Debbie Atwood, Bay City
 Joanie Blome, Pigeon
 Mary Card, Gladwin
 Lori Cramer, Birch Run
 Sharon Davis, Freeland
 Becky Decker, Marlette
 Carrie Doman, Saginaw
 Shara Duke, Mt. Pleasant
 Debi Dunn, Birch Run
 Katja Falker, Houghton Lake
 Erica Good, Gladwin
 Lisa Hebner, Millington
 Nancy Hoxie, West Branch
 Donna Jasmer, Yale
 Judi Kariean-Black, Farwell
 Nancy Kleiss, Gladwin
 Shannon Lazlo, Saginaw
 Debra LeTourneau, Saginaw
 Rox Lockwood, Millington
 Meredith Lyons, Kingston
 Faith McCallum, Midland

Gatherings and Hoots

For more gathering information contact Emerson Sitts (989-842-3496).

For hoot information, contact Alissa Hooper at godspinkdressgrl@yahoo.com.

Walks and Flights

Spring

MME Men's Walk #57

March 17-20, 2011

Saginaw: First UMC

Lay Director: Dean Jacques

MME Women's Walk #58

March 25-28, 2011

Saginaw: First UMC

Lay Director: Sue Montei

Summer

MMC Girl's Flight #29

July 21-24, 2011

Saginaw: West Michigan Ave UMC

Lay Director: Cathy Kelley

MMC Boy's Flight #30

July 28-31, 2011

Saginaw: West Michigan Ave UMC

Lay Director: TBD



Betty McClintic, Gladwin
 Mary Moore, Gladwin
 Becky Moquin, Saginaw
 Colleen Mullins, Prudenville
 Sandy Murray, Gladwin
 Debra Norton, Prudenville
 Ruth Osborne, Caseville
 Ann Rowe, Midland
 Jen Sayles, Cass City
 Diann Simons, St. Charles
 Paula Smith Saginaw
 Melissa Trato, Millington
 Gwen White-Bowman, Saginaw
 Carol Yaekel, Hemlock

Chrysalis Hoots

As the Mid-Michigan Chrysalis board's youth representative for the last four years, I am a leader in making decisions on Hoots. In case you unfamiliar with the Chrysalis term "hoot", let me inform you that it is a Chrysalis get-together, known as a Gathering to Emmaus, and an Ultreya by others. I aim to schedule hoots once a month, each with a different, fun theme. In the past, we have been sledding, danced at a hoe down, went on hayrides, played baseball, went swimming, and made many other fun memories.

In about a half of year, my life will be taking a turn though, and I will be transferring to a university, and as a consequence, resigning from the Chrysalis board. To help smooth the transition, the Chrysalis board has formed a youth committee that will be taking over the responsibilities of my position when I leave. As of late, the two new youth members, Kelsey Thornton and Patrick Hillman, have been accepted onto the board and will begin fulfilling their roles as youth reps. Please welcome them, if you have the opportunity!

As a team, Kelsey, Patrick, and I would like to inform you of our upcoming scheduled hoots, and remind you that it is not necessary to have made a Chrysalis flight to attend. The following dates are tentatively scheduled, and I suggest you check out the Mid-Michigan Chrysalis Facebook page to get further details on the events.

For November, we are planning a Bowling/Putt-Putt Golf/Game Night Hoot. We will be meeting at Valley Lanes for bowling and putt-putt at 3 on Saturday, the 20th, then carpooling to Aldersgate UMC for pizza and board games.

Scheduled for December is a dance at Aldersgate UMC in Midland on the 22nd, from 7-10.

If you have any questions about Chrysalis hoots, please don't hesitate to contact me via Facebook. Hoots are also listed on the Emmaus website, under the Chrysalis link.

God's Blessings,
Alissa Hooper



Welcome Chrysalis Community Members

We would like to take this time to welcome the new Butterflies from Flights #27 & #28 from Ames UMC in Saginaw.

Girl's Flight #27

Kayla Barcia, Pinconning
Kyra Betteridge, Elkton
Megan Buckingham, Midland
Kaycee Clark, Saginaw
Helen Dukes, Midland

Sydney Depuis, Saginaw
Ashley Faulker, Bridgeport
Tory Ford, Gladwin
Rose Groendal, Midland
Hannah Jones, Shepherd
Mariah Shetler, Ubly
Vanessa Torres, Saginaw
Lisa Vaught, Midland
Kaylene Wilsey, Midland

Boy's Flight #28

V Burks, Saginaw
Johnny Date, Midland
Phil Duby, Saginaw
Brenden Faulkner, Bridgeport
Bailey Faulkner, Bridgeport

Brad Faulkner, Bridgeport
Mike Lash, St. Charles
Mike Price, Weidman
Julian Stevens, Saginaw
Cody Steward, Roscommon
Nate Tate, Saginaw
Joey Torres, Saginaw
Woody Wilson III, Saginaw
Ethan Zook, Saginaw



Emmaus/Chrysalis Database

Did you get a phone call? For the past few months, some of the Emmaus Board have met and made phone calls to members of the Mid-Michigan Emmaus/Chrysalis community. These phone calls are part of an effort to clean up our contact information so that we can switch to a new system in the near future. We will be having another calling session in the near future. If you have not received a call yet or we were unable to reach you and left a message, don't worry we will get to you. We have had a great system for many years, but as people move or change phone numbers or service, the information becomes obsolete. The new system that we are planning to change to is going to make contacting each of you a lot easier. It can also be done in a more effective manner.

The information we collect helps us to remain in contact with the members of the community. We are not trying to invade a person's privacy; we just want to keep the lines of communication open in our community. We can easily get in contact with you when we have events coming up such as community trainings, gatherings and hoots, reunion group activities, walks and flights and candlelight events.

Some may ask, "Why are you making these calls?" We have had quite a bit of trouble lately during our team selection process and contacting people. We have found that many people are changing from landline/home phones to cell phones. We also have problems of contacting people who have changed email addresses or home addresses. So what are we asking for when we make the call? We will check to make sure your address and phone number are still the same and if you would like an alternate number listed. In an effort to control costs, we are also asking if you have an email account, if you would consider receiving the newsletter electronically. We can still send a copy by mail to those you who do not have email or choose to still get it that way. We are also asking if you are interested in serving on Emmaus Walks or Chrysalis flights. Finally, we ask if you are interested in serving on either the Emmaus or Chrysalis Board of Directors.

Even though we are making changes, we cannot look past the collection of data that we already have and the system that controlled it. Many hours were spent keeping it up to date as much as possible. This could not have been done without the help of someone in our community. For many years, we have had a Database Administrator that has continued to keep our information together. That person is Jim Birch. I know Jim would not want this acknowledgement because I know he does this as a service, but it is right to thank him for his hard work. On behalf of the Emmaus and Chrysalis Community, I thank you Jim for your dedication and service to this movement. Your work has been very helpful to keeping the information available to communicate with our community.

We look forward to hearing your voice on the other end of the phone in the near future. Please let us know if we can help you with anything. If we don't catch you and you want to share some changes that have been made with your contacts, please go to the Mid-Michigan Emmaus/Chrysalis website, www.midmichiganemmaus.com and then click on contact us. You will find a list of all board members with their phone numbers. Any one of us can help you.

De Colores,
Cathy Kelley
Team Selection Chairperson

Powerful Prayer

We are all familiar with the power of prayer. As an EMMAUS weekend progresses pilgrims become more fully attuned to the presence of prayers being offered for them and those working on the Walk. This is pointed out to them often after the Prayer Vigil board is shown to them. It is an agape that many will never forget. Many look for names of friends and relatives hoping to find they are getting into a group of Christians like they are now feeling they want to be a part of. Each person looking at the Prayer Vigil board will see those names from a viewpoint unique to them and them alone. They will know that prayer works because of its affect on them individually and as a group. Remember your own Walk to EMMAUS and the impact it had on you. We use a minimum of 76 prayer warriors who will give up one hour of time on each weekend of EMMAUS and CHRYSALIS. If you would like to have your name on the list for Pilgrims or Butterflies or _____ please send an e-mail to the prayer vigil chairperson and you will be contacted to arrange for a time for you to offer prayers. We need to support each other at all times. Currently as the prayer vigil chairperson I would be delighted to have YOU on the list for praying for the Walk to EMMAUS. My email address is dittenber@centurytel.net

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Serving on an Emmaus Weekend or Chrysalis Flight

Recently, we have had some people sharing that they would like to serve on future walks and flights, but they have not been contacted. One of the first answers to this question would be, "Have you filled out a volunteer form?" This is one of the first steps to serving on a weekend in the future. The board needs to know that you are interested. If you have not filled out a form and would like to, go to the Mid-Michigan Emmaus/Chrysalis website www.midmichiganemmaus.com and then click on forms. The volunteer form is available for you to fill out and send in.

The second answer is, "Have you changed any contact information since your walk?" This is where we have the most difficulty. We make calls to many people, but their phones have been disconnected or they no longer live there. If your information has changed, please contact a board representative. You can find them by going to the Mid-Michigan Emmaus/Chrysalis website, www.midmichiganemmaus.com and then clicking on contact us and you will find a list of board members. You can email them or call them with your changes. They would love to help you out.

When the Team Selection Committee meets to discuss and pray about servants to serve on weekends, we have to fill approximately 40-50 spots with team servants. There is a lengthy process that we go through. The model that we try to follow, highly recommends that we have: one-third of our servants to be first time servants, one-third of servants be semi-experienced and the remaining one-third be very experienced. That leaves a slim margin of the amount of people for each category, especially since our community is over two thousand strong.

We want to see everyone have the chance to serve if they are interested, but we just cannot fulfill this task all at once. Please be patient with us. Please do not call the Lay Director of a walk or flight and tell them you would like to serve. It is best if you contact the Team Selection person of the respective board and they can handle it from there. Another good way to have the opportunity to serve is by becoming active in the community. You can be active by: participating in a 4th Day or Reunion group, attend community trainings, attend gatherings and hoots, sign up to pray on the 76 Hour prayer vigil, attend the walk/flight activities or even just praying for walks or flights before they even happen. There are many ways to serve on Emmaus and Chrysalis weekends and no one thing is more important than the other. We need each person doing their part to make the movements successful as well as making Christ more real to the participants.

God Loves You and So Do I,
Cathy Kelley
Emmaus Team Selection Chairperson

BITTER OR BETTER

Then they cried to the Lord in their trouble, and He saved them from their distress. He brought them out of darkness and the deepest gloom and broke away their chains. Let them give thanks to the Lord for His unfailing love and His wonderful deeds. ~Psalm 107:13-15

Be anxious for nothing, but in everything by prayer and thanksgiving let your requests be made known to God. ~Philippians 4:6

Dr. Jim Moore, pastor of St. Luke's UMC in Houston, wrote a book entitled "You Can Grow Bitter or You Can Grow Better". He writes that he got the idea for the title from a young woman who once came to him in a most tragic moment in her life.

She had tears in her eyes and her knuckles were white as she twisted a handkerchief. She had just received word that her twenty-six year old husband had been killed in a


farming accident, leaving her alone with three pre-school age children. One moment he was alive and vibrant, the next moment gone. "I don't know how I am going to be able to get along without him," she sobbed. "But I do know one thing. I can either get bitter or I can get better."

One way that we can get better rather than bitter is to develop a thankful heart. We must learn to be grateful to the Lord with whom we shall spend eternity no matter what the trials or circumstances in our life. Our morning prayer each day should begin: *O Lord, who has given me so much, I pray that you give me yet one more thing-- a grateful heart. Amen.*

With thanksgiving,

Pastor Mark D. Miller, Chrysalis Community
Spiritual Director

Welcome New Board Members

- Hello my name is **Wendy Orzel**, I live in Sebewaing with my husband of 21 years Ed and our dog Sonny. In the spring of 1997 I took walk #81 in Lapeer Michigan. Since I began my Emmaus journey I have been blessed to served in many areas on many Emmaus walks as well as Chrysalis, including being a Lay Director for both. What a blessing it has been. I have also had the privilege to serve as a board member for Mid-Michigan and would consider it an honor to serve this community again. Recently I was asked the question, “what is your favorite place to be” – my answer came quickly, Bay Shore Camp and serving on an Emmaus walk – NOTHING fills me with more peace, joy and Grace than these 2 places. As I said to serve as a board member would be an honor and one that I would approach with prayer and God’s guidance. GLYASDI Wendy Orzel
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- My name is **Lisa Noack**. I attended Mid-Michigan Emmaus Walk #32 at Eagle Ridge Church of God in Midland in October 2004, where I sat at the table of Truth. I have been a member of Gordonville United Methodist Church for over twenty years, serving on several different committees and have been the chairperson of the Worship Committee for the past four years. I have also helped with the youth group and have been a member of the Praise Team for six years. My Walk to Emmaus has had a huge impact on my life, but I also believe that the walks that I have had the opportunity to serve on, as well as the Emmaus Gatherings and the Reunion Groups have too. I have met some truly amazing Brothers and Sisters in Christ through the Emmaus Community that have touched my life in many ways. I have a lot of experience and skills that I could bring to the table, but more importantly, I am on fire for Jesus and would like to spread the love for our Lord in our Emmaus Community. God Loves You and So Do I! Lisa Noack
 - My name is **Lisa Lagalo**; I took my walk to Emmaus in March of 2009 at Trinity UMC. In Sebewaing Mi, where I sat at the table of Mariam. I am a member of Hopevale Church in Saginaw, but I also attend Trinity Baptist in St. Charles. I reside in St. Charles with my family. I have a wonderful husband of 13 years and three beautiful Children. When I was asked to serve on the Mid-Michigan Emmaus Board I considered it an honor. First I prayed and handed God my concerns, which for the most part entailed my busy schedule. God soon made it clear to me that this would help me to stay focused on him and allow me to stay involved in something that I believe in. Emmaus works!! It is embedded into my heart. The impact it has had on me has been life changing. I want the opportunity to give back and pay forward just a small piece of what the Emmaus Community had given to me. To be the hands and feet of Christ is not just an honor but it is also a command. I am counting on Christ and Christ is counting on me! GLYASDI Lisa Lagalo
 - My name is **Leonard Lowe**. In September 2005, I took my walk in Bay City Michigan and I sat at the table of Ezra. I had been sponsored by my pastor, Michael T. Sawicki. It was at that time that I filled out the form indicating that I would like to become active in the *Emmaus*. I indicated that I would be interested in working a walk and also be helpful on the board. Over the years, I have attended the United Methodist Church in Pinconning Michigan, Oak Park UMC in Chicago ILL area, Bad Axe First UMC, Elkton UMC and Pigeon Salem UMC. As I moved from various communities I chose to transfer my membership to a Church in my area. Church Involvement: Member at Large, Evangelism Chairman (10 years) Membership Chair and member (14 years), Choir member, Men’s Prayer Group, assisted in numerous other activities, Delegate to Annual Conference, Representative on TTLM. Emmaus Involvement: Worked MME Walk 51 at Tawas MI. – Prayer Chapel. I am working the walk in Frankenmuth this September. I have sponsored 2 Pilgrims. UMC Committees: Town and Country Committee-Port Huron District, Delegate to Annual Conference, District Commission on Ministry. Sponsored a youth Lay Speaking training Session. I have been a *Certified Lay Speaker* for 12 years. I am also very interested in putting the Prayer Vigil on our Web Site. I would like to see a strong emphasis on getting our youth involved in Emmaus before they started College or out of High School. GLYASDI Leonard Lowe

Going Fourth is published four times a year for the Mid-Michigan Emmaus and Chrysalis communities. It is intended to inform, encourage and inspire members of those communities to live lives of true Christian piety, study and action. Comments, articles or story ideas can be directed to the editor, Mary Wheeler at mwheeler@gmail.com. Thank you to the following for their contribution to this newsletter: Mashue Printing, printing and distribution.



What are you doing to share
Christ in your Fourth Days?



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